

6º ANO

LÍNGUA INGLESA

Superintendência de  
Educação Infantil e  
Ensino Fundamental

SEDUC  
Secretaria de Estado  
da Educação



## ATIVIDADE 12

Tema: Sports: Simple Present and Present Continuous

NOME:

UNIDADE ESCOLAR:

SIMPLE PRESENT	PRESENT CONTINUOUS
Usado para ações rotineiras, ou seja, que são feitas com uma certa frequência	Usado para indicar ações que estão em progresso no presente; no momento da fala.
<ul style="list-style-type: none"><li><i>I work 5 times a week.</i></li><li><i>You study English every week.</i></li></ul>	<ul style="list-style-type: none"><li><i>She is talking to her mom now.</i></li><li><i>Are they studying at the moment?</i></li></ul>





### Classes gramaticais:



**NOUN** (*substantivo*): é uma classe de palavras que nomeia seres, objetos, fenômenos, lugares, dentre outros: *car, pencil, horse, cat, dog, girl, man, river*, etc.

**ADJECTIVE** (*adjetivo*): é qualquer palavra usada para descrever alguém ou algo: *big, tall, intelligent, easy, difficult*, etc.

**VERB** (*verbo*): serve para indicar uma ação: *run, drive, eat, study, visit, watch, play*, etc.

1. Match the items to the correct name of the sport.

a) 	( ) Volleyball
b) 	( ) Karate
c) 	( ) Cycling
d) 	( ) Golf

e) 	(   ) Basketball
f) 	(   ) Soccer

Disponível em: <https://agendaweb.org/exercises/vocabulary/hobbies/sports-match> Acesso em 22 de jun. de 2021. (Adaptado)

### Now, let's read a text and do some exercises!

Soccer (also called “football” in most parts of the world outside the US) is the most popular sport in the world.

According to a recent Nielsen's World Football Report across 18 global markets, over 40 percent of the population describe themselves as soccer fans.

In the US, soccer is still growing and Nielsen estimates that interest in the Major League Soccer has increased by 27 percent since 2012.

But, besides the emotions of joy, triumph and the sheer entertainment of competing, there are so many health benefits of playing soccer.

I play soccer on Sundays as part of my morning exercises.

Disponível em: <https://tinyurl.com/y2yebhgi> Acesso em 18 de ago. de 2020.

2. Answer these questions in English.

a) Is soccer the most popular sport in the world?

b) Who describes as soccer fans?

d) Is soccer still growing all over the world?

e) Are there so many benefits of playing soccer?

3. Para entendermos os textos, precisamos reconhecer a classe gramatical de cada palavra. Desse modo, identifique a classe gramatical das palavras destacadas nas frases.

a) **SOCCER** is still growing (...)

b) (...) the most **POPULAR** sport in the **WORLD**.

c) I **PLAY** soccer on Sundays

4. Answer these questions and then ask your friends and your family. Take notes in the following chart. (Responda essas perguntas e depois pergunte a seus amigos e familiares. Faça as anotações na tabela a seguir.)

	Your answer	Your friend's answer	Your family's answer.
Do you like soccer or volleyball?			
Are you watching a soccer game now?			
When do you watch soccer games?			

5. Pesquise palavras e expressões em língua inglesa usadas no SOCCER WORLD na sociedade brasileira.

### Diets to dive for

Women's volleyball players follow specific nutrition plans to increase optimal performance. This includes eating a normal 2,000 calorie diet plus snacks, totaling 4,500 calories per day.

#### Penn State Volleyball Snack Menu

- ▶ Gatorade and a granola bar
- ▶ Graham crackers and peanut butter
- ▶ Turkey and cheese wrap
- ▶ Trail mix and an apple
- ▶ A Powerbar and a banana
- ▶ Cookies and milk



Source: Women's volleyball team

Ashley Rickard/Collegian

Disponível em: <https://tinyurl.com/y3nwyjdl> . Acesso em 18 de ago. de 2020.

6. Answer these questions in English.

- a) Why do women's volleyball players follow specific nutrition plans?
- b) What are some fruits in the Penn State Volleyball Snack Menu?

7. Make questions to the answers. (Elabore perguntas para as respostas.)

a) \_\_\_\_\_?

My favorite sport is volleyball

b) \_\_\_\_\_?

Yes, he is. He is a great swimmer.

c) \_\_\_\_\_?

My friend plays soccer on Sundays.

d) \_\_\_\_\_?

Yes, I do. I ride a bike on Saturday.

**Now, let's read an interview.**

**Interviewer:** Good morning, Lara.

**Lara:** Hi.

**Interviewer:** Can you tell me about a typical day in your life for the school magazine?

**Lara:** Yeah, sure.

**Interviewer:** So, what time do you get up?

**Lara:** Oh, I get up very early. I get up every day at 5 o'clock and go to the pool. Then I swim from 6 o'clock to 8 o'clock.

**Interviewer:** You get up at 5 o'clock! Wow, that's early!

**Lara:** Yeah. Then at 8 o'clock I have a shower, I get dressed and I have breakfast. I have a big breakfast: cereals, toast, coffee and milk.

**Interviewer:** What do you do after breakfast?

**Lara:** I do my homework.

**Interviewer:** When do you have lunch?

**Lara:** I have lunch at about 11:30 with my family.

**Interviewer:** When do you go to school?

**Lara:** I go to school at 1 o'clock. I have classes from 1 o'clock to 5 o'clock.

**Interviewer:** What do you do after classes?

**Lara:** Sometimes I go to the gym and sometimes I meet my friends at a café.

**Interviewer:** What time do you have dinner?

**Lara:** I have dinner at 7 o'clock, then I watch TV or go online, and I usually go to bed at 10 o'clock.

**Interviewer:** Thanks, Lara. That's a busy day!

8. Match the columns.

a) At what time does Lara get up?	( ) Yes, she does.
b) What does she have for breakfast?	( ) She has a big cereals, toast, coffee and milk.
c) Does Lara do her homework after breakfast?	( ) No, she doesn't.
d) Does Lara have lunch at midday?	( ) She watches TV after dinner.
e) What does Lara do after dinner?	( ) She gets up every day at 5 o'clock.

9. Mark an X TRUE or FALSE according to the text. (Marque um X no verdadeiro ou falso de acordo com o texto.)

	TRUE	FALSE
a) Lara doesn't swim at 6 o'clock.		
b) Lara has classes from 1 o'clock to 5 o'clock.		
c) Lara meets her friends at the club.		
d) Lara usually goes to bed at midnight.		

10. Write the words in the correct spaces. (Escreva as palavras no espaço correto.)

GO JOGGING

GO CYCLING

BIKE

Sophia: Hello, Susan. Let's turn off the TV and (a) \_\_\_\_\_!

Susan: No, let's (b) \_\_\_\_\_ instead.

Sophia: Why?

Susan: I want to try out my new (c) \_\_\_\_\_.